

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0104
Expires:	—
Estimated average burden hours per response:	0.5

1. Name and Address of Reporting Person Joseph M. Citarrella (Last) (First) (Middle) 5847 SAN FELIPE, SUITE 3000 (Street) HOUSTON TX 77057 (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 08/09/2017	3. Issuer Name and Ticker or Trading Symbol Vanguard Natural Resources, Inc. [N/A]	
		4. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner Officer Other (specify below)	5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)			

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date				
No securities are beneficially owned.						

Explanation of Responses:

Remarks:

No securities beneficially owned. Mr. Citarrella, a principal of Monarch Alternative Capital LP ("Monarch"), is a member of the board of directors of the Issuer. Monarch and certain of its affiliates have filed a separate Form 3 reporting securities of the Issuer that they may be deemed to beneficially own. Mr. Citarrella disclaims beneficial ownership of any securities of the Issuer that may be deemed to be beneficially owned by Monarch and its affiliates.

No securities are beneficially owned.

/s/ Joseph M. Citarrella 08/21/2017

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.