FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or Section	n 30(h) of the Ir	vestment Company Act of 1940					
1. Name and Address of Reporting Person SCHULTZ ANDREW ELIOT				Date of Event Requiring Statement (Month/Day/Year) 02/08/2019			3. Issuer Name and Ticker or Trading Symbol Vanguard Natural Resources, Inc. [VNRR]					
(Last) 5847 SAN FELIPE, SUI	(First) TE 3000	(Middle)				Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director		10% Owner		5. If Amendment, Date of Original Filed (Month/Day/Year)		
(Street) HOUSTON						Officer (give title below)		Other (specify below)		Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
1. Title of Security (Instr. 4)					2. Amount of	Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		I. Nature of Indirect Beneficial Ownership (Instr. 5)			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4)				2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		ecurity (Instr. 4)	4. Conversion Exercise Price Derivative Sec		6. Nature of Indirect Beneficial Ownership (Instr. 5)	
				Date Exercisable	Expiration Date	Title		Amount or Number of Shares				

Explanation of Responses: Remarks:

No securities are beneficially owned.

/s/ Andrew Eliot Schultz
** Signature of Reporting Person

02/11/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see instruction 5 (b)(v).

* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.